**Year 5 Spring 1 Health and Wellbeing**

**How can we help in an accident or emergency?**



**Previous Learning:**

**Year 1,2 and 4 Living in the wider world**

 **Y4 Summer 1 How Can we manage risk in different places**

* how to recognise, predict, assess and manage risk in different situations
* how to keep safe in the local environment and less familiar locations (e.g. near rail, water, road; fire/firework safety; sun safety and the safe use of digital devices when out and about)

**Y3 Spring 1 What keeps us safe?**

* how to react and respond if there is an accident and how to
* deal with minor injuries e.g. scratches, grazes, burns
* what to do in an emergency, including calling for help and speaking to the emergency services

**Y2 Spring 2 What helps us stay safe?**

* how to tell a trusted adult if they are worried for themselves or others, worried that something is unsafe or if they come across something that scares or concerns them

**Y1 Summer 1 Who helps to keep us safe?**

* how to get help if there is an accident and someone is hurt,
* including how to dial 999 in an emergency and what to say

**Key Knowledge for unit**

**Children will learn:**

* how to carry out basic first aid including for burns, scalds, cuts, bleeds, choking, asthma attacks or allergic reactions
* that if someone has experienced a head injury, they should not

be moved

* when it is appropriate to use first aid and the importance of seeking adult help
* the importance of remaining calm in an emergency and providing clear information about what has happened to an adult or the emergency services

**Vocabulary**

* Basic first aid
* Accidents
* Dealing with emergencies