

PSHCE Core Themes:

Relationships

Health and wellbeing

Living in the wider world



St Stephen's CE Primary School Yearly Overview



Subject: PHSCE and SRE

Year group	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2	
EYFS EYFS Curriculum and Development Matters	<p>Friendship – PSED books Working together in continuous provision and playing cooperatively. Colour monster – feelings and emotion stones Worry Monster</p> <p>PE getting changed independently</p> <p>Using aprons and outdoor coats independently</p> <p>Use dental health box, big brushes and puppets and books about dental care display in classroom Healthy eating and snack area</p> <p>Its ok to be different book exploring and celebrating differences</p>	<p>Exploring the ice in small groups and discussing the best ways to melt it. Exploring the outdoors and seasonal changes, making observations and talking about these ideas with friends.</p> <p>Small group games in the outdoors area – winter hunts, playing skittles, building dens together and creating obstacle courses.</p> <p>Continue to develop changing skills in PE Discuss exercise and stretching in PE and explore the apparatus.</p> <p>Incorporate healthy eating discussions into cooking and tasting pumpkin soup.</p> <p>Continue to develop friendships playing cooperatively in continuous provision sharing ideas and resources.</p>	<p>PSED weekly programme – Think Equal</p> <p>Challenges in the areas of provision</p> <p>Continue with changing for PE.</p> <p>Model play and friendship behaviours in continuous provision.</p> <p>Talk partners and reading buddies.</p> <p>Exploring traditional stories and thinking about how different characters are feeling and behaving and why.</p> <p>Finiding out about habitats and wild animals / creatures that live in forests and woodland areas and how to care for them. Handling some wild animals with care.</p>	<p>PSED weekly programme – Think Equal</p> <p>Challenges in the areas of provision</p> <p>Continue with changing for PE.</p> <p>Model play and friendship behaviours in continuous provision.</p> <p>Talk partners and reading buddies.</p> <p>Working together in groups on outings and to create maps of journeys large scale in continuous provision both indoors and outdoors.</p> <p>Share work on the working wall and talk with the children about their next steps.</p>	<p>PSED weekly programme – Think Equal</p> <p>Challenges in the areas of provision</p> <p>Continue with changing for PE.</p> <p>Model play and friendship behaviours in continuous provision.</p> <p>Talk partners and reading buddies.</p> <p>Exploring the natural world and lifecycles – learning how to care for wildlife and noticing signs of new life and change.</p> <p>Share work on the working wall and talk with the children about their next steps.</p>	<p>PSED weekly programme – Think Equal</p> <p>Challenges in the areas of provision</p> <p>Continue with changing for PE.</p> <p>Model play and friendship behaviours in continuous provision.</p> <p>Talk partners and reading buddies.</p> <p>Exploring different environments, our local area and at the beach. Talking about what is the same and different and why. How can we look after our local area? How we can we look after our beaches?</p>	
	1	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
	2	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?	How do we recognise our feelings?

3	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How will we grow and change?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
5	What makes up a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?
6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	