



St Stephen's CE Primary School

PE Long Term Plan



Year Group	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
	Body Management	Balance Bikes	Manipulation and Control	Balance Bikes	Dance	Balance Bikes	Gymnastics	Balance Bikes	Dance	Balance Bikes	Cooperate and Solve Problems	Balance Bikes
1	Attack, Defend, Shoot	Gymnastics	Attack, Defend, Shoot	Gymnastics	Hit, Catch, Run	Dance	Hit, Catch, Run	Dance	Send and Return	Run, Jump, Throw	OAA	Run, Jump, Throw
2	Attack, Defend, Shoot	Gymnastics	Attack, Defend, Shoot	Gymnastics	Hit, Catch, Run	Dance	Hit, Catch, Run	Dance	Send and Return	Run, Jump, Throw	OAA	Run, Jump, Throw
3	Tag Rugby	Gymnastics	Handball	Athletics	Rounders	Swimming	Basketball	Swimming	Tennis	Dance	OAA	Dance
4	Hockey	Swimming	Cricket	Swimming	Badminton	Gymnastics	Basketball	Athletics	Tennis	Dance	OAA	Dance
5	Tag Rugby	Dance	Handball	Dance	Rounders	Gymnastics	Basketball	Gymnastics	Tennis	Hockey	OAA	Athletics
6	Hockey	Dance	Cricket	Dance	Badminton	Gymnastics	Basketball	Gymnastics	Tennis	Tag Rugby	OAA	Athletics

Dance – External Agency