

# Week 1 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
VEGAN SAUSAGE ROLL or VEGAN QUORN BURGERS	BEEF BOLOGNAISE/PASTA or CHEESE QUICHE	CHEESE & TOMATO PIZZA (Low Fat) or MINI OMELETTE	CHICKEN NUGGETS or QUORN DIPPERS	BABY FISH FILLET or BUBBLE COATED FISH
MINI WAFFLES GARDEN PEAS	DICED CARROTS DICED POTATOES	HASH BROWNS SWEET CORN	WEDGES MIXED VEG	CHIPPED POTATOES BAKED BEANS or PEAS
JACKET POTAO with BAKED BEANS or TUNA or CHEESE	JACKET POTAO with BAKED BEANS or TUNA or CHEESE	JACKET POTAO with BAKED BEANS or TUNA or CHEESE	JACKET POTAO with BAKED BEANS or TUNA or CHEESE	JACKET POTAO with BAKED BEANS or TUNA or CHEESE
MIXED SALAD  ASSORTED FRESH FRUIT & YOGHURTS	MIXED SALAD  ASSORTED FRESH FRUIT & YOGHURTS	MIXED SALAD  ASSORTED FRESH FRUIT & YOGHURTS & JELLY	MIXED SALAD  ASSORTED FRESH FRUIT & YOGHURTS	MIXED SALAD  ASSORTED FRESH FRUIT & YOGHURTS
BISCUIT or CAKE	CHEESE & CRACKERS	CHEESE & CRACKERS	CHEESE & CRACKERS	ICE-CREAM

# Week 2 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEESE & ONION ROLLS or VEGETABLE LASAGNE	SAUSAGES or QUORN SAUSAGES	CHICKEN or QUORN FILLETS GRAVY	BEEF LASAGNE or VEGAN PASTIES	FISH FINGERS or FISH CAKES
WEDGES CARROT STRIPS	ROAST POTATOES VEG MEDLEY GRAVY	MASH BROCCOLI CAULIFLOWER	POTATO CROQUETTES GREEN BEANS	CHIPPED POTATOES BAKED BEANS or PEAS
JACKET POTAO with BAKED BEANS or TUNA or CHEESE	JACKET POTAO with BAKED BEANS or TUNA or CHEESE	JACKET POTAO with BAKED BEANS or TUNA or CHEESE	JACKET POTAO with BAKED BEANS or TUNA or CHEESE	JACKET POTAO with BAKED BEANS or TUNA or CHEESE
MIXED SALAD  ASSORTED FRESH FRUIT & YOGHURTS	MIXED SALAD  ASSORTED FRESH FRUIT & YOGHURTS	MIXED SALAD  ASSORTED FRESH FRUIT & YOGHURTS JELLY	MIXED SALAD  ASSORTED FRESH FRUIT & YOGHURTS	MIXED SALAD  ASSORTED FRESH FRUIT & YOGHURTS
BISCUIT OR CAKE	CHEESE & CRACKERS	CHEESE & CRACKERS	CHEESE & CRACKERS	DINKY DOUGHNUTS