



Dear All,

Thank you for your support for our re-launch of the Healthy eating policy. The children have been enjoying their healthy snacks and lunches. We've carefully mapped into our year when we allow treats ie the upcoming coffee morning for Macmillan too. We've spoken to lots of people this week and the general impressions are positive and supportive. Whilst we accept that everyone has a different opinion about healthy foods, we do appreciate your full support for the policy for the 1 meal and 1 snack at school during term time. We have made one small change- to allow a 1 small treat (only in a packed lunch box) at dinner times. This can include a small packet of crisps (25g) but not items with chocolate and no sweets please.

The relaunch was driven by the Tameside's Annual Health Report statistics stating that our children are living in the bottom 25 boroughs of the UK (out of 317) and are likely to live several years less than the national average. The mortality rates of under 75 year olds is 25 % higher in Tameside than the national average and children and adults are up to 10% more likely to become (or are currently) classed as Obese.

Diet and exercise hugely impact our life chances and every little thing we can do WILL help the chances and opportunities our children have to grow and develop in a positive way to reduce the risk of illnesses and poor well being now and later on in life.


Thank you and keep supporting us and the children as we go forwards.

Mrs Hadfield

More info : www.tameside.gov.uk/getmedia/3da6464e-c892-4eb1-a19e-3d57492c4b09/Tameside-PH-Annual-Report-2024-FULL-REPORT.pdf

class	Star of the week	Christian Values winner
Rec		
Y1	Alfie	Evelyn
Y2	Teddi-Lee	Dolce-Rae
Y3	Lori	Dacey
Y4	Megyefo Ampomsah	Anaiyah Akeel
Y5	Bayleigh	Deborah
Y6	Yafiet	Aiden

Key Dates and information:

DATE	EVENT	INFORMATION
Tues 16 Sept	JEANS for Genes day (30 th Anniversary year)	Donate £1 or a Christmas fair raffle prize (bottle or chocolate) Wear jeans for the day and trainers if you wish (normal school t shirt with school jumper to be worn)
Fri 19th Sept	Y1 Stay and play -READING	Parents and carers of Y1 children are invited to join us for an hour of reading fun with the Year 1 children 9am-10.00am in the school hall. Drinks and biscuits will be available from 8.45am.
Mon 22 nd Sept	Book fair arrives in school	
Tues 23 rd Sept	Bright Bites	Children across the school will learn about oral health and protecting their teeth
Fri 26 Sept 	MacMillan Coffee morning	Donate £1 : Children are able to bring their own cake/ cookie in(no nuts please) and have a nice treat at break this week! Any donations of cakes/ cookies are welcome for a cake sale after school Parents: 'Grab and Go' Snack and a brew mafter morning drop off.... make a donation on the yard !
Throughout October	Black History Month	Activities and learning throughout the month (Miss Lowe)
Thursday 2 October	Harvest Festival 9.15am at church (Y4 leading the service)	FREE HOT HARVEST LUNCH for ALL CHILDREN - please send tinned/ bottled/ dry foods (cereals or pasta/ rice) into school for our harvest festival in the days leading upto the service. Please bring these to your class teachers. You can also send items like tooth paste, toiletries, tents, clothing and shoes etc. Please do not send items that go off (perishable) quickly ie fruit, milk, bread We will donate all items to STREET TREATS charity

If you need any further information please speak to your child's class team or the school office



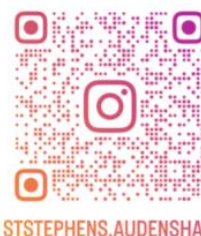
Weekly prayer from around the school – Y6

Dear God,

We are thankful to have a lovely school and to have a great education. , Thank you for giving us our teachers and teaching assistants who help us to learn each day. We thank you for bringing us all back to school safe and sound after a lovely summer break.. AMEN

Useful links

School Web Page: <https://www.ststephensprimary.co.uk/>
School Instagram account:



STSTEPHENS.AUDENSHAW

Healthy Living Ideas: